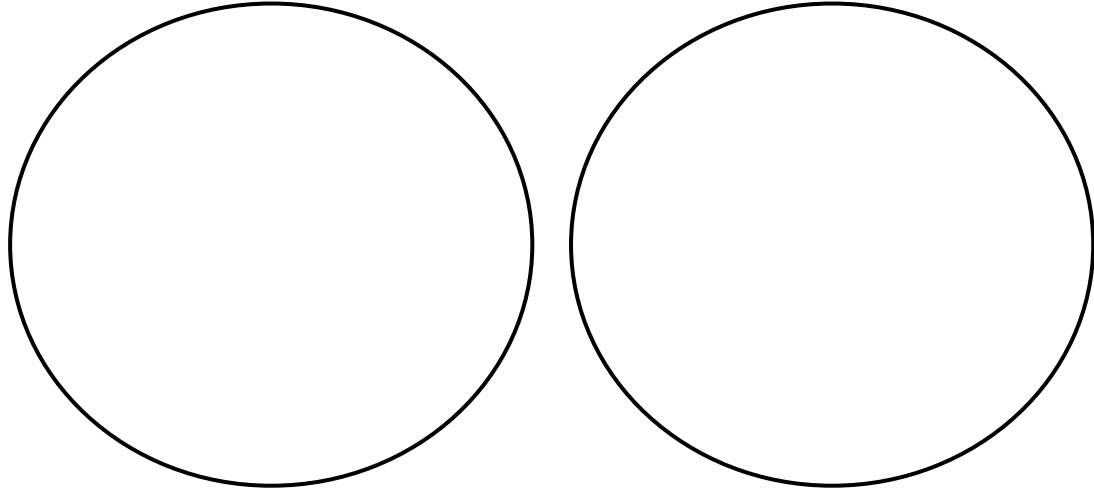


Stage 2

Imagine your client has disclosed the behaviour you find most. In the first circle draw how you would like your face to appear to your client.



A

B

After five minutes ask them to draw how they feel inside on the second circle.

Notes

Stage 1 adapted from Miller and Cameron Active Listening, A Counselling Skills Approach